



BOURNMOOR PRIMARY SCHOOL
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Dear Parents and Carers,

SRE Education in School

With the support of staff and governors, our school reviewed the provision for educating children about *Sex and Relationships Education (SRE)* in order to link to the National Curriculum. The teaching of SRE is a legal requirement for all schools. We believe that effective Sex and Relationship Education is essential if young people are to make responsible and well-informed decisions about their lives. It is intended to help young people to learn to respect themselves and others and be able to move with confidence from childhood through adolescence into adulthood.

In the summer term we will incorporate our SRE programme into the existing Personal Social and Health Education provision (PSHE). This curriculum is taught throughout the school, in an age- appropriate and structured manner. The programme of Sex and Relationship Education is for Foundation Stage, KS1 and KS2 children and is entitled 'Lucinda and Godfrey'. It is based on two characters, Lucinda and Godfrey who begin nursery school together. The scheme follows the characters through their primary school years growing and changing with them. The scheme has been designed to be age appropriate from Early Years Foundation Stage, through Key Stage 1 and 2 and covers friendships and relationships, hygiene, labelling body parts, puberty and other topics in line with the National Curriculum for PSHE and follows your child through the school. An overview of the Lucinda and Godfrey programme is included with this letter. A health professional will support the teaching of the programme in Year 5 and 6 to explore the more personal and sensitive issues covered in these year groups.

If any parent would like to view the Lucinda and Godfrey resources which will be used this term by the teaching staff and the SRE delivery team, or wishes to see our Sex and Relationship Education policy, please contact the school office or view it on our website under 'Policies'.

Although the teaching of SRE is a legal requirement for all schools, parents reserve the right to withdraw their child /children from all or part of the learning. If you have any concerns about your child taking part in these lessons, please contact me and I will be more than happy to discuss them with you. If you choose to withdraw your child please note that their teachers cannot prevent your child hearing about the learning from their peers which may lead to misconceptions. I am sure you agree that this is a very important area of education for our children and having a greater understanding will help them make better choices for their future. Thank you for your continued support.

Yours sincerely,

Mrs L Snowdon (Headteacher)



Lucinda and Godfrey Scheme – Learning Outcomes

Early Years Foundation Stage – We are all different

- To realise that each and everyone of us is a unique and special person.
- To understand and accept similarities and differences between people.
- To appreciate the similarities and differences between boys and girls, including the correct names of body parts.
- To recognise what a friend is and things that friends share.

Year 1 – Exploring Friendship and Trust

- To understand the qualities needed to be a good friend.
- To recognise that a problem can be dealt with by talking.
- To identify the key qualities of a good friend.
- To understand how to be a friend to others.

Year 2 – The Smell Monster

- To be able to describe feelings and recognise how these can be changed.
- To be able to relate feelings to actions and to realise the consequences of not keeping clean.
- To know and describe how to keep clean.

Year 3 – Your Feelings, Your Choice

- To recognise negative feelings and how to respond.
- To understand how to deal with negative feelings.
- To be able to offer help and advice to people in difficult situations.
- To develop the skills needed to deal with different situations themselves.

Year 4 – Keeping Safe

- To consider the implications of a decision.
- To understand the need for rules.
- To be aware of dangerous situations and to recognise how to minimise personal risk.
- To understand how human responsibilities change.

Year 5 – Growing and Changing (Delivered alongside health professional, e.g. the school nurse)

- To recognise ways of staying healthy, physically and mentally.
- To understand how to deal with negative feelings.
- To be able to offer help and advice to people in difficult situations.
- To develop the skills needed to deal with different situations themselves.

Year 6 – Growing and Changing – Puberty (Delivered alongside health professional, e.g. the school nurse)

- To know how and why puberty changes occur.
- To recognise a wide variety of changes.
- To be aware that not all information is accurate and to be confident to question.
- To produce a magazine about puberty, growing up and relationships.